

EVENT 301 Open/Male 10 /Over 200m Backstroke

10/11 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Reuben SEAMAN	11	Norfolk Vikg	

12/13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Michael SAYER	12	Norfolk Vikg	
2.	Noah BUCHAN	12	Norfolk Vikg	
3.	Bailee BEIGHTON	13	Norfolk Vikg	

14/15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Isaac BUCHAN	14	Norfolk Vikg	

WA	Pts	Pl./Ht.
3:20.19		

146

WA	Pts	Pl./Ht.
2:44.70		
3:01.40		
3:28.07		

263

197

130

WA	Pts	Pl./Ht.
2:30.33		

346

EVENT 302 Female 10 Yrs/Over 200m Backstroke

10/11 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts	Pl./Ht.
1.	Grace PARKER	11	Norfolk Viking	3:21.63	205	
2.	Layla CALLABY	11	Norfolk Viking	3:38.34	161	
	Emilia SEQUEIRA-REIS	11	Norfolk Viking	DQ		
	Darcie LEE	10	Norfolk Viking	DQ		

12/13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts	Pl./Ht.
1.	Esme SEAMAN	13	Norfolk Viking	3:16.40	222	
2.	Anna THURSTON	12	Norfolk Viking	3:30.34	180	

14/15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts	Pl./Ht.
1.	Emily-Heather BEIGHTON	15	Norfolk Viking	3:08.62	250	

16 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts	Pl./Ht.
1.	Rebecca BURROWS	16	Norfolk Viking	3:00.60	285	

EVENT 303 Open/Male 50m Butterfly

10/11 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts	Pl./Ht.	
1.	Reuben SEAMAN		11	Norfolk Vikg	48.91		87
	Cody TURNER		10	Norfolk Vikg	DQ		

12/13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts	Pl./Ht.	
1.	Noah BUCHAN		12	Norfolk Vikg	43.53		124
2.	Bailee BEIGHTON		13	Norfolk Vikg	55.78		59
	Michael SAYER		12	Norfolk Vikg	DQ		

14/15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts	Pl./Ht.	
1.	Isaac BUCHAN		14	Norfolk Vikg	31.05		343
2.	George EDRIDGE		14	Norfolk Vikg	35.09		238

16 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts	Pl./Ht.	
1.	Samuel MORTON		17	Norfolk Vikg	31.35		333
2.	Ashley JONES		16	Norfolk Vikg	31.80		319
2.	Lewis GOULTY		21	Norfolk Vikg	31.80		319

EVENT 304 Female 50m Butterfly

09 Yrs/Under Age Group - Full Results

Place	Name	AaD	Club	Time
	Rosie DUNNINGHAM		9	Norfolk Vikg

WA Pts Pl./Ht.
DQ

10/11 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Leona SCOTT		11	Norfolk Vikg
2.	Grace PARKER		11	Norfolk Vikg
3.	Isla CARTWRIGHT		10	Norfolk Vikg
4.	Heidi DAVISON		11	Norfolk Vikg
5.	Milly EDRIDGE		10	Norfolk Vikg
6.	Isla HAYNES		10	Norfolk Vikg
7.	Darcie LEE		10	Norfolk Vikg
8.	Emilia SEQUEIRA-REIS		11	Norfolk Vikg

WA Pts Pl./Ht.

45.57 153
46.85 140
53.96 92
59.57 68
1:01.91 61
1:02.15 60
1:08.97 44

25

1:23.22

12/13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Evie BATES		13	Norfolk Vikg
2.	Bebe KING		12	Norfolk Vikg
3.	Esme SEAMAN		13	Norfolk Vikg
4.	Oleksandra HORDIENKO		13	Norfolk Vikg
5.	Anna THURSTON		12	Norfolk Vikg

WA Pts Pl./Ht.

40.65 215
44.78 161
46.50 144
46.74 141
50.36 113

14/15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Emily MORTON		15	Norfolk Vikg
2.	Emily-Heather BEIGHTON		15	Norfolk Vikg
3.	Amy-Rose THOMAS		15	Norfolk Vikg

WA Pts Pl./Ht.

35.66 319
39.34 238
44.69 162

16 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Jessica SEAMARK		16	Norfolk Vikg

WA Pts Pl./Ht.

38.60 251

EVENT 305 Open/Male 09 /Over 100m Backstroke

10/11 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Reuben SEAMAN		11	Norfolk Vikg
2.	Cody TURNER		10	Norfolk Vikg
	Alfie MCCANN		11	Norfolk Vikg

12/13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Michael SAYER		12	Norfolk Vikg
2.	Noah BUCHAN		12	Norfolk Vikg
3.	Bailee BEIGHTON		13	Norfolk Vikg

14/15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
	Isaac BUCHAN		14	Norfolk Vikg

16 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Ashley JONES		16	Norfolk Vikg

WA Pts Pl./Ht.

1:41.75 107

48

2:12.50

DQ

WA Pts Pl./Ht.

1:20.15 219

1:27.76 167

1:43.16 102

WA Pts Pl./Ht.

DQ

WA Pts Pl./Ht.

1:16.85

248

EVENT 306 Female 09 Yrs/Over 100m Backstroke

09 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA	Pts	Pl./Ht.
1.	Heidi SMITH	9	Norfolk Vikg		2:14.38		68
2.	Lara RAMSDEN	9	Norfolk Vikg		2:40.40		40
	Lucy FINCHER	9	Norfolk Vikg		DQ		
	Abigail RAMSDEN	9	Norfolk Vikg		DQ		

10/11 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA	Pts	Pl./Ht.
1.	Grace PARKER	11	Norfolk Vikg		1:36.17		185
2.	Leona SCOTT	11	Norfolk Vikg		1:39.69		166
3.	Erin EVANS	10	Norfolk Vikg		2:02.30		90
4.	Isla HAYNES	10	Norfolk Vikg		2:04.28		86
5.	Chloe SADLER	10	Norfolk Vikg		2:16.30		65
6.	Darcie LEE	10	Norfolk Vikg		2:19.78		60
7.	Emilia SEQUEIRA-REIS	11	Norfolk Vikg		2:27.85		51
	Heidi DAVISON	11	Norfolk Vikg		DQ		
	Layla CALLABY	11	Norfolk Vikg		DQ		
	Lise ASLANGUL	10	Norfolk Vikg		DQ		

12/13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA	Pts	Pl./Ht.
1.	Esme SEAMAN	13	Norfolk Vikg		1:34.90		193
2.	Winnie BROWNE	12	Norfolk Vikg		1:36.69		182
3.	Oleksandra HORDIENKO	13	Norfolk Vikg		1:37.82		176
4.	Anna THURSTON	12	Norfolk Vikg		1:41.08		160
5.	Amelie EVANS	13	Norfolk Vikg		1:45.87		139
6.	Amber CLARK	12	Norfolk Vikg		2:09.15		76

14/15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA	Pts	Pl./Ht.
1.	Emily MORTON	15	Norfolk Vikg		1:16.76		365
2.	Emily-Heather BEIGHTON	15	Norfolk Vikg		1:24.42		274

16 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time	WA	Pts	Pl./Ht.
1.	Jessica SEAMARK	16	Norfolk Vikg		1:23.56		283
2.	Rebecca BURROWS	16	Norfolk Vikg		1:27.29		248

EVENT 307 Open/Male 100m IM

10/11 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Reuben SEAMAN	11	Norfolk Vikg	
	Alfie MCCANN	11	Norfolk Vikg	

WA Pts 1:38.70
Pl./Ht. 124
DQ

12/13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Michael SAYER	12	Norfolk Vikg	
2.	Bailee BEIGHTON	13	Norfolk Vikg	
3.	Bertie BEALES	13	Norfolk Vikg	

WA Pts 1:32.22
Pl./Ht. 152
82
80
1:53.22
1:53.99

14/15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Isaac BUCHAN	14	Norfolk Vikg	
2.	George EDRIDGE	14	Norfolk Vikg	
3.	Zack EDRIDGE	14	Norfolk Vikg	

WA Pts 1:12.53
Pl./Ht. 313
236
220
1:19.69
1:21.62

16 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Samuel MORTON	17	Norfolk Vikg	

WA Pts 1:12.66
Pl./Ht. 311

EVENT 308 Female 100m IM

10/11 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts	Pl./Ht.
1.	Lily DEAR		11	Norfolk Vikg	1:33.27	222
2.	Grace PARKER		11	Norfolk Vikg	1:37.29	195
3.	Layla CALLABY		11	Norfolk Vikg	1:49.61	137
4.	Isla HAYNES		10	Norfolk Vikg	2:00.28	103
5.	Heidi DAVISON		11	Norfolk Vikg	2:02.99	96
6.	Chloe SADLER		10	Norfolk Vikg	2:12.92	76
7.	Emilia SEQUEIRA-REIS		11	Norfolk Vikg	2:33.28	50
	Milly EDRIDGE		10	Norfolk Vikg	DQ	

12/13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts	Pl./Ht.
1.	Evie BATES		13	Norfolk Vikg	1:29.92	248
2.	Esme SEAMAN		13	Norfolk Vikg	1:35.25	208
3.	Bebe KING		12	Norfolk Vikg	1:37.16	196

14/15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts	Pl./Ht.
1.	Emily-Heather BEIGHTON		15	Norfolk Vikg	1:25.52	288
2.	Amy-Rose THOMAS		15	Norfolk Vikg	1:39.38	183

16 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts	Pl./Ht.
1.	Leah HARRIS		20	Norfolk Vikg	1:09.91	528
2.	Jessica SEAMARK		16	Norfolk Vikg	1:29.45	252
3.	Rebecca BURROWS		16	Norfolk Vikg	1:29.68	250

EVENT 309 Open/Male 10 /Over 100m Butterfly

10/11 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Reuben SEAMAN	11	Norfolk Viking	

12/13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Noah BUCHAN	12	Norfolk Viking	

14/15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Isaac BUCHAN	14	Norfolk Viking	
2.	George EDRIDGE	14	Norfolk Viking	

16 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Samuel MORTON	17	Norfolk Viking	

WA Pts	Pl./Ht.
2:05.91	

54

WA Pts	Pl./Ht.
1:37.73	

116

WA Pts	Pl./Ht.
1:16.76	
1:31.33	

241

143

WA Pts	Pl./Ht.
1:19.93	

213

EVENT 310 Female 10 Yrs/Over 100m Butterfly

10/11 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Grace PARKER		11 Norfolk Vikg	
2.	Darcie LEE		10 Norfolk Vikg	

12/13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Bebe KING		12 Norfolk Vikg	

14/15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Emily-Heather BEIGHTON		15 Norfolk Vikg	

16 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Leah HARRIS		20 Norfolk Vikg	

WA Pts Pl./Ht.

1:49.25 124

2:28.40 49

WA Pts Pl./Ht.

2:01.66 90

WA Pts Pl./Ht.

1:42.42 151

WA Pts Pl./Ht.

1:12.43 428

EVENT 311 Open/Male 50m Freestyle

09 Yrs/Under Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Noah HAYNES		9 Norfolk Vikg	

WA Pts	56.47	45
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10/11 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Reuben SEAMAN		11 Norfolk Vikg	
2.	Alfie MCCANN		11 Norfolk Vikg	
3.	Jasper GREEN		10 Norfolk Vikg	
4.	Cody TURNER		10 Norfolk Vikg	

WA Pts	38.88	139
	42.37	107
	46.82	79
	1:02.07	34

12/13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Noah BUCHAN		12 Norfolk Vikg	
2.	Michael SAYER		12 Norfolk Vikg	
3.	Bertie BEALES		13 Norfolk Vikg	
4.	Bailee BEIGHTON		13 Norfolk Vikg	

WA Pts	32.42	240
	32.74	233
	40.34	124
	41.65	113

14/15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Isaac BUCHAN		14 Norfolk Vikg	
2.	George EDRIDGE		14 Norfolk Vikg	
3.	Zack EDRIDGE		14 Norfolk Vikg	

WA Pts	28.32	360
	30.48	289
	31.12	271

16 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Lewis GOULTY		21 Norfolk Vikg	
2.	Simon BUCHAN		55 Norfolk Vikg	
3.	Ashley JONES		16 Norfolk Vikg	
4.	Samuel MORTON		17 Norfolk Vikg	

WA Pts	27.32	401
	27.63	388
	28.41	357
	30.31	294

EVENT 312 Female 50m Freestyle

09 Yrs/Under Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts	Pl./Ht.	
1.	Holly CARTWRIGHT		8	Norfolk Vikg	48.84		103
2.	Tessa CARTWRIGHT		8	Norfolk Vikg	51.44		88
3.	Rosie DUNNINGHAM		9	Norfolk Vikg	53.21		80
4.	Lexie PARKER		9	Norfolk Vikg	55.11		72
5.	Lucy FINCHER		9	Norfolk Vikg	56.91		65
6.	Ivy BIRD		8	Norfolk Vikg	57.31		64
7.	Isabelle Jane HOWLETT		7	Norfolk Vikg	58.35		60
8.	Willow HOPKINS		8	Norfolk Vikg	58.63		59
9.	Daisy SADLER		7	Norfolk Vikg	59.67		56
10.	Heidi SMITH		9	Norfolk Vikg	1:01.16		52
11.	Kanon STABLER		7	Norfolk Vikg	1:07.79		38
12.	Phoebe THOMPSON		8	Norfolk Vikg	1:11.38		33
13.	Noa VANDENBERGHE		7	Norfolk Vikg	1:12.96		31

10/11 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts	Pl./Ht.	
1.	Lily DEAR		11	Norfolk Vikg	36.22		253
2.	Grace PARKER		11	Norfolk Vikg	36.62		245
3.	Leona SCOTT		11	Norfolk Vikg	37.83		222
4.	Elsie COVLL		11	Norfolk Vikg	40.10		186
5.	Isabelle BIRD		11	Norfolk Vikg	41.23		172
6.	Layla CALLABY		11	Norfolk Vikg	41.96		163
7.	Fearne SADLER		10	Norfolk Vikg	43.53		146
8.	Heidi DAVISON		11	Norfolk Vikg	44.25		139
9.	Isla HAYNES		10	Norfolk Vikg	44.62		135
10.	Edith HOPKINS		10	Norfolk Vikg	45.33		129
11.	Milly EDRIDGE		10	Norfolk Vikg	45.40		128
12.	Chloe SADLER		10	Norfolk Vikg	46.66		118
13.	Erin EVANS		10	Norfolk Vikg	47.51		112
14.	Lise ASLANGUL		10	Norfolk Vikg	47.73		110
15.	Isla CARTWRIGHT		10	Norfolk Vikg	49.50		99
16.	Lilah CHAPMAN		10	Norfolk Vikg	49.56		99
17.	Darcie LEE		10	Norfolk Vikg	52.40		83
18.	Emilia SEQUEIRA-REIS		11	Norfolk Vikg	1:03.20		47

12/13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts	Pl./Ht.
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1.	Winnie BROWNE	12	Norfolk Vikg	35.20	200
2.	Evie BATES	13	Norfolk Vikg	35.25	275
3.	Esme SEAMAN	13	Norfolk Vikg	36.99	238
4.	Oleksandra HORDIENKO	13	Norfolk Vikg	37.31	232
5.	Bebe KING	12	Norfolk Vikg	37.88	221
6.	Anna THURSTON	12	Norfolk Vikg	39.53	195
7.	Amelie EVANS	13	Norfolk Vikg	42.53	156
8.	Rosa SADLER	12	Norfolk Vikg	44.16	139
9.	Amber CLARK	12	Norfolk Vikg	47.51	112
9.	Amber CLARK	12	Norfolk Vikg	47.51	112
14/15 Yrs Age Group - Full Results					
Place	Name	AaD	Club	WA Pts	Pl./Ht.
1.	Emily MORTON	15	Norfolk Vikg	31.16	398
2.	Emily-Heather BEIGHTON	15	Norfolk Vikg	32.75	343
3.	Amy-Rose THOMAS	15	Norfolk Vikg	39.10	201
4.	Caitlin FRANCES	14	Norfolk Vikg	39.99	188
16 Yrs/Over Age Group - Full Results					
Place	Name	AaD	Club	WA Pts	Pl./Ht.
1.	Leah HARRIS	20	Norfolk Vikg	28.93	497
2.	Jessica SEAMARK	16	Norfolk Vikg	32.63	347
3.	Rebecca BURROWS	16	Norfolk Vikg	35.28	274